



## **Redefining SENIOR LIVING**

### SAMPLE MENU

#### Salads and Appetizers

##### **House Salad**

crisp romaine and iceberg lettuce, purple cabbage, radish, tomato and cucumber with avocado dressing

##### **Roquefort Cheese Salad**

mixed greens, arugula, baby heirloom tomatoes, almonds, Satsuma tangerine segments and roasted shallot vinaigrette

##### **Blackened Yellow Fin Tuna**

with sticky rice, cucumber, edamame, pea shoots and lime ginger vinaigrette

##### **Chicken Teriyaki Rice Paper Rolls**

hand-rolled, stuffed with pea shoots, avocado, pineapple, asparagus, soft cream cheese and teriyaki dipping sauce

#### Entrees

##### **Lamb Shoulder Pappardelle Pasta**

ribbon pasta, accompanied with wild mushrooms, onions, broccolini and lamb jus sauce

##### **BLTA Salmon Sandwich**

bacon, lettuce, tomato, avocado, basil on sourdough bread with mayonnaise and served with steak fries

##### **Parmesan Crusted European Sea Bass**

wild Italian fish accompanied with walnut-cranberry wild rice, house steamed vegetables and basil brown butter

##### **Delmonico T-Bone Steak**

served with mashed potatoes, chipolini onions, mixed mushrooms, asparagus and homemade steak sauce

#### Desserts

##### **Chocolate Hazelnut Brulée**

##### **Pineapple Upside-Down Cake with Coconut Ice Cream**

##### **Raspberry Crumb Bar**

##### **Sugar-Free Desserts**