



**Redefining SENIOR LIVING**

SAMPLE MENU

*Salads and Appetizers*

**Traditional Caesar Salad**

Romaine lettuce, Parmesan cheese and croûtons tossed with a traditional Caesar dressing (anchovies upon request)

**Tossed Salad**

tomatoes, cucumbers and carrots with Iceberg and bibb lettuce

**Appetizer Trio**

fried shallots, aged cheddar and pickled cherry tomatoes

*Entrees*

**Roast Spring Chicken**

stuffed with fresh sage and basted in honey country mustard

**Sesame Crusted Lamb Rack**

finished with a sake sherry glaze and scallions

**Lake Superior Whitefish**

broiled and served with a hibiscus butter sauce

**Seared Golden Trout**

topped with a grilled corn shiso pepper salad

**Classic Hamburger**

lettuce, tomato and fried onions with the option of American, cheddar or Swiss

*Desserts*

**Classic Homemade Ice Cream**

**Fried Apple Pie**

**Angel Food Cake**

**Sugar-Free Gelatin**

**Low-Fat Frozen Yogurt**