

SUN	MON	TUE	WED	THUR	FRI	SAT
	<p>9:00 AM Aquacise (FC) 1</p> <p>9:00 AM Circuit Training (GH or Live on Ch. 1901)</p> <p>9:30 AM Vi Golf League (GPC)</p> <p>10:00 AM 20-Minute Morning Stretch (GH)</p> <p>12:30 PM Duplicate Bridge* (GH)</p> <p>4:00 PM Vi Chorus (GH)</p> <p>5:00 PM Male Connection Dinner "Great Beijing Chinese Restaurant" (Meet at the North Entrance)</p>	<p>9:00 AM Aquacise (FC) 2</p> <p>9:00 AM Strength and Balance (GH or Live on Ch. 1901)</p> <p>10:00 AM 20-Minute Seated Circuit Training (GH)</p> <p>10:00 AM Jewel - Grocery Shopping (NE)</p> <p>10:30 AM Q & A with John Bradescu, Occupational Therapist (Theater)</p> <p>10:30 AM Art Classes (AS)</p> <p>3:00 PM Beginner Line Dancing Class (GH)</p> <p>3:30 PM Line Dancing (GH)</p> <p>7:30 PM Poker Night (NL)</p>	<p>9:00 AM Aquacise (FC) 3</p> <p>9:00 AM Seated Cardio (GH or Live on Ch. 1901)</p> <p>10:30 AM Body & Brain Yoga Tai Chi (GH)</p> <p>11:30 AM Vi Bocce Ball League* (Meet at the North Entrance)</p> <p>12:30 PM New Yorker Discussion Group (CR)</p> <p>2:00 PM Elliott Gordon presents Personal Clips and Anecdotes of Hollywood Finest (Glen Hall on Zoom)</p> <p>2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901)</p> <p>4:30 PM Music Thru the Decades (The Bar & Northwoods Lounge)</p>	<p>9:00 AM Aquacise (FC) 4</p> <p>9:00 AM Standing Strength and Cardio (GH)</p> <p>10:00 AM 20-Minute Brain Games! (GH)</p> <p>10:00 AM Jewel - Grocery Shopping (NE)</p> <p>1:00 PM Ceramics with Jim (AS)</p> <p>4:00 PM Improv (GH)</p> <p>8:00 PM Vi Spring / Summer Variety Show (GH)</p>	<p>9:00 AM Aquacise (FC) 5</p> <p>9:00 AM Sit and Be Fit (GH or Live on Ch. 1901)</p> <p>10:00 AM Advanced Strength and Balance (GH or Live on Ch. 1901)</p> <p>2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901)</p>	<p>D-Day 6</p> <p>9:00 AM Saturday Transportation Shuttle (9 am - 3 pm North Entrance)</p> <p>10:00 AM Saturday morning Gentle Yoga with Nancy (GH)</p> <p>1:00 PM Men's Discussion Group (CR)</p> <p>2:00 PM Rummikub Game (GH)</p> <p>4:00 PM May Town Hall Meeting - Video Recording (CH 1901)</p> <p>8:00 PM Sam Grossner & Friends - "A Little Ragtime, A Little Bluegrass, and Some Good Ole Jazz" (GH)</p>
<p>8:00 AM VIDEO- Standing Cardio with Jorge (CH 1901) 7</p> <p>9:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901)</p> <p>10:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901)</p> <p>11:00 AM Video: Tai Chi with Randy (CH 1901)</p> <p>11:30 AM -2:00 PM Sunday Brunch (Great Lakes)</p> <p>3:00 PM May Town Hall Meeting - Video Recording (CH 1901)</p> <p>7:00 PM Glen Hall Movie Night "Weekend at Bernie's" (GH)</p>	<p>9:00 AM Aquacise (FC) 8</p> <p>9:00 AM Circuit Training (GH or Live on Ch. 1901)</p> <p>9:30 AM Vi Golf League (GPC)</p> <p>10:30 AM Memoirs (The Card Room)</p> <p>12:30 PM Duplicate Bridge* (GH)</p> <p>4:00 PM Vi Chorus (GH)</p> <p>4:30 PM Mix & Mingle with Jim Faust (Northwoods Lounge & Bar)</p> <p>7:30 PM Movie - Vi Cinema Presents "A Man Called Ove" (Vi Theater)</p>	<p>9:00 AM Aquacise (FC) 9</p> <p>9:00 AM Strength and Balance (GH or Live on Ch. 1901)</p> <p>10:00 AM 20-Minute Seated Circuit Training (GH)</p> <p>10:00 AM Trader Joe's & Walgreens (NE)</p> <p>10:30 AM Q & A with John Bradescu, Occupational Therapist (Theater)</p> <p>10:30 AM Art Classes (AS)</p> <p>11:00 AM Yoga Class with Kathy O'Malley (GH)</p> <p>1:00 PM Vi Cinema- Movie "Still Alice" (Vi Theater)</p> <p>2:00 PM Cribbage (AS)</p> <p>3:00 PM Beginner Line Dancing Class (GH)</p> <p>3:30 PM Line Dancing (GH)</p> <p>7:30 PM Poker Night (NL)</p>	<p>OLPH Donation Day 10</p> <p>9:00 AM Aquacise (FC)</p> <p>9:00 AM Seated Cardio (GH or Live on Ch. 1901)</p> <p>10:30 AM Body & Brain Yoga Tai Chi (GH)</p> <p>11:00 AM Parkinson's Support Group (CR)</p> <p>11:30 AM Vi Bocce Ball League* (Meet at the North Entrance)</p> <p>2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901)</p> <p>3:00 PM Travelogue: Visiting Guatemala with Sindy Escobar (GH)</p> <p>4:30 PM Cocktail Hour and Sing Along with pianist John Hopkins (The Bar)</p> <p>8:00 PM The Schumann Quartet and the Franck Quintet (GH)</p>	<p>9:00 AM Aquacise (FC) 11</p> <p>9:00 AM Standing Strength and Cardio with JIM (GH)</p> <p>10:00 AM 20-Minute Brain Games! (GH)</p> <p>10:00 AM Jewel - Grocery Shopping (NE)</p> <p>1:00 PM Ceramics (AS)</p> <p>2:00 PM Wellness Presentation: Diabetes and Other Metabolic Disorders (GH)</p> <p>4:00 PM Improv (GH)</p> <p>4:00 PM Movie - Vi Cinema Presents "Birdman" (Vi Theater)</p> <p>7:30 PM Great Decisions - Session 5: Ukraine and the Future of European Security* (GH)</p>	<p>9:00 AM Aquacise (FC) 12</p> <p>9:00 AM Sit and Be Fit (GH or Live on Ch. 1901)</p> <p>10:00 AM Advanced Strength and Balance (GH or Live on Ch. 1901)</p> <p>1:00 PM Movie - Vi Cinema Presents "Birdman" (Vi Theater)</p> <p>2:00 PM The Meltones Singing Group (GH)</p> <p>2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901)</p> <p>8:00 PM Friday Movie "The Well-Digger's Daughter" (CH 1901)</p>	<p>9:00 AM Saturday Transportation Shuttle (9 am - 3 pm North Entrance) 13</p> <p>10:00 AM Saturday morning Gentle Yoga with Nancy (GH)</p> <p>1:00 PM Men's Discussion Group (CR)</p> <p>2:00 PM Rummikub Game (GH)</p> <p>8:00 PM Saturday Movie: Marriage Italian Style (CH 1901)</p>

June 2026

Information subject to change. *Requires a ticket and/or reservation.

SUN	MON	TUE	WED	THUR	FRI	SAT
Flag Day 8:00 AM VIDEO- Standing Cardio with Jorge (CH 1901) 9:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 10:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 11:00 AM Video: Tai Chi with Randy (CH 1901) 11:30 AM -2:00 PM Sunday Brunch (Great Lakes) 7:00 PM Movie - Vi Cinema Presents "Birdman" (Vi Theater)	14 9:00 AM Aquacise (FC) 9:00 AM Circuit Training (GH or Live on Ch. 1901) 9:30 AM Vi Golf League (GPC) 10:00 AM 20-Minute Morning Stretch (GH) 10:30 AM Movie Discussion Group "Birdman" (CR) 12:30 PM Duplicate Bridge* (GH) 7:30 PM Current Events Discussion Group is cancelled	15 9:00 AM Aquacise (FC) 9:00 AM Strength and Balance (GH or Live on Ch. 1901) 10:00 AM 20-Minute Seated Circuit Training (GH) 10:00 AM Caregiver Support Group (CR) 10:00 AM Jewel - Grocery Shopping (NE) 10:30 AM Q & A with John Bradescu, Occupational Therapist (Theater) 10:30 AM Art Classes (AS) 10:30 AM The University of Chicago Course Title: The Spirit of 1776: Writings from the War of Independence (CR) 11:00 AM Yoga Class with Kathy O'Malley (GH) 3:00 PM Beginner Line Dancing Class (GH) 3:30 PM Line Dancing (GH) 7:30 PM Poker Night (NL)	16 9:00 AM Aquacise (FC) 9:00 AM Seated Cardio (GH or Live on Ch. 1901) 10:30 AM Body & Brain Yoga Tai Chi (GH) 11:30 AM Vi Bocce Ball League* (Meet at the North Entrance) 12:30 PM New Yorker Discussion Group (CR) 2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901) 3:00 PM Current Events with Lynne Samuels and Andi Kenney (GH)	17 9:00 AM Aquacise (FC) 9:00 AM Standing Strength and Cardio (GH) 10:00 AM 20-Minute Brain Games! (GH) 10:00 AM Jewel - Grocery Shopping (NE) 11:00 AM Zumba Class (GH) 1:00 PM Ceramics (AS) 2:00 PM Musical Legend Lena Horne: Activist Artist with Susan Benjamin (GH) 4:00 PM Improv (GH) 4:30 PM Wine for The Mind - Vista 360 (Private Dining Room)	18 Juneteenth 9:00 AM Aquacise (FC) 9:00 AM Sit and Be Fit (GH or Live on Ch. 1901) 10:00 AM Advanced Strength and Balance (GH or Live on Ch. 1901) 2:00 PM Steven Solomon "My Experience with Archbishop Desmond Tutu" (GH) 2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901) 3:30 PM Scoop, Sip & Celebrate Dad (Bistro) 4:00 PM Documentary: Juneteenth (CH 1901) 8:00 PM Friday Movie: Annie Hall (CH 1901)	19 9:00 AM Saturday Transportation Shuttle (9 am - 3 pm North Entrance) 10:00 AM Saturday morning Gentle Yoga with Kathy (GH) 1:00 PM Men's Discussion Group (CR) 2:00 PM Rummikub Game (GH) 8:00 PM Concert with pianist Frederic Moyer (GH)
Happy Father's Day 8:00 AM VIDEO- Standing Cardio with Jorge (CH 1901) 9:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 10:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 11:00 AM Video: Tai Chi with Randy (CH 1901) 11:30 AM -2:00 PM Sunday Brunch (Great Lakes) 7:00 PM Movie - Vi Cinema Presents "Bohemian Rhapsody" (Vi Theater)	21 9:00 AM Aquacise (FC) 9:00 AM Circuit Training (GH or Live on Ch. 1901) 9:30 AM Vi Golf League (GPC) 10:00 AM 20-Minute Morning Stretch (GH) 10:30 AM Memoirs (The Card Room) 12:30 PM Duplicate Bridge* (GH) 7:30 PM Current Events Discussion Group (GH)	22 OLPH Donation Day 9:00 AM Aquacise (FC) 9:00 AM Strength and Balance (GH or Live on Ch. 1901) 10:00 AM 20-Minute Seated Circuit Training (GH) 10:00 AM Trader Joe's & Walgreens (NE) 10:30 AM Q & A with John Bradescu, Occupational Therapist (Theater) 10:30 AM Art Classes (AS) 10:30 AM The University of Chicago Course Title: The Spirit of 1776: Writings from the War of Independence (CR) 11:00 AM Yoga Class with Kathy O'Malley (Gazebo (weather permitting)) 2:00 PM Cribbage (AS) 3:00 PM Beginner Line Dancing is Cancelled (GH) 3:30 PM Line Dancing is Cancelled (GH) 7:30 PM Poker Night (NL)	23 9:00 AM Aquacise (FC) 9:00 AM Seated Cardio (GH or Live on Ch. 1901) 10:30 AM Body & Brain Yoga Tai Chi (GH) 11:00 AM Hearing Loss Support Group (CR) 11:30 AM Vi Bocce Ball League* (Meet at the North Entrance) 2:00 PM Audrey Hepburn a Living Portrayal by Leslie Goddard, Ph.D. (GH) 2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901) 7:30 PM In Full Swing this Summer Jazz Orchestra (GH)	24 Ashura 9:00 AM Aquacise (FC) 9:00 AM Standing Strength and Cardio (GH) 10:00 AM 20-Minute Brain Games! (GH) 10:00 AM Jewel - Grocery Shopping (NE) 2:00 PM Vi Town Hall Meeting (GH) 4:00 PM Improv (GH)	25 9:00 AM Aquacise (FC) 9:00 AM Sit and Be Fit (GH or Live on Ch. 1901) 10:00 AM Advanced Strength and Balance (GH or Live on Ch. 1901) 2:00 PM VIDEO: 1 Mile Walk Away the Pounds (CH 1901) 3:00 PM Wellness Presentation: Balance Strong Live Long Fall Prevention Program. (GH) 7:00 PM Oil Lamp Theatre: The Last 5 Years * (NE)	26 9:00 AM Saturday Transportation Shuttle (9 am - 3 pm North Entrance) 10:00 AM Saturday morning Gentle Yoga with Kathy (GH) 1:00 PM Men's Discussion Group (AS) 2:00 PM Non Fiction Book Club "Last Hope Island" (CR) 2:00 PM Rummikub Game (GH) 8:00 PM Vince Micari Jazz Trio (GH) 8:00 PM Saturday Movie: Analyze This (CH 1901)
27 8:00 AM VIDEO- Standing Cardio with Jorge (CH 1901) 9:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 10:00 AM Video: Cardio Brains and Brawn Workout (Ch 1901) 11:00 AM Video: Tai Chi with Randy (CH 1901) 11:30 AM -2:00 PM Sunday Brunch (Great Lakes) 7:00 PM Movie - Vi Cinema Presents "Remarkably Bright Creatures" (Vi Theater)	28 9:00 AM Aquacise (FC) 9:00 AM Circuit Training (GH or Live on Ch. 1901) 9:30 AM Vi Golf League (GPC) 10:00 AM 20-Minute Morning Stretch (GH) 12:30 PM Duplicate Bridge* (GH)	29 9:00 AM Aquacise (FC) 9:00 AM Strength and Balance (GH or Live on Ch. 1901) 10:00 AM 20-Minute Seated Circuit Training (GH) 10:00 AM Jewel - Grocery Shopping (NE) 10:30 AM Q & A with John Bradescu, Occupational Therapist (Theater) 10:30 AM Art Classes (AS) 10:30 AM The University of Chicago Course Title: The Spirit of 1776: Writings from the War of Independence (CR) 11:00 AM Yoga Class with Kathy O'Malley (GH) 1:30 PM Vi Book Club "Monogamy" (CR) 3:00 PM Beginner Line Dancing Class (GH) 3:30 PM Line Dancing (GH) 4:00 PM Documentary - Vi Cinema presents "Air Force Elite Thunderbirds" (Vi Theater) 7:30 PM Poker Night (NL)	30 LOCATION KEY AS - Art Studio Bistro - Bistro CR - Card Room CH 1901 - Channel 1901 FC - Fitness Center GH - Glen Hall GPC - Glenview Prairie Club	NE - North Entrance NL - Northwoods Lounge The Bar - The Bar	30	

June 2026

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