

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p align="center">Activities Registration Line</p> <p align="center">720-348-7826</p>	<p>LOCATION KEY:</p> <p>3rd FLOOR</p> <p>FC - Fitness Center DC – Dad Clark Bar MRD - Mt. Rosa Dining PDR - Private Dining</p>	<p>5th FLOOR</p> <p>LB - Lobby BC - Business Center CN - Centennial Room CR - Card Room LR - Living Room LRP - Living Room Patio</p>	<p>5th FLOOR Continued</p> <p>CF - Conference Room GR - Game Room LI - Library AS - Art Studio WC - Wellness Center</p>	<p>ENTRIES/OUTSIDE</p> <p>FFP - Front Flag Pole EE - Employee Entrance CO - Commons CC - Care Center</p>	<p>CALENDAR KEY:</p> <p>* Sign Up by calling the activity registration line ** Registered participants only * \$ Paid Event On-Site Events Off-Site Events Change/Notices</p>
<p align="center">Fitness Videos * Tune in to Channel 1981 Monday – Saturday 9:00 am & 10:00 am</p> <p>*see Christine, Fitness Coordinator, for details</p>	<p align="center">CULINARY CORNER MONDAYS Private Dining Room 10:00 am</p> 	<p align="center">GROCERY SHUTTLE to KING SOOPERS</p> <p align="center">Tuesdays & Thursdays 10:00 am - 11:00 am</p> <p>Vi bus will leave and pick up every hour on the hour. Sign up in the binder in the cubby area!</p>	<p>1</p> <p>8:00 Mac in the Morning (CF) 9:00 Balance (CN) 10:00 Stretch & Senior Interval Training (CN) 10:15 Vi Trailblazers: Waterton Canyon * (LB) 11:00 Fitness 101 (CN) 1:00 Canasta (CR) 2:00 DC Sheriff Outreach with Ryan Falkner (CN) 3:00 Housekeeping Hub (CR) 7:00 Hand & Foot Canasta (CR)</p>	<p>2</p> <p>8:00 Mat Pilates (CN) 9:00 Total Fitness (CN) 10:00 Bridge Lessons (CR) 10:00 Restorative Yoga(CN) 10:15 Water Walking (Pool) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 1:00 Masterpieces of Int'l Film: The Battle of Algiers (CN) 2:00 No Art Class: Playing with Paint (AS) 6:00 The Phantom of the Opera * \$ (LB)</p>	<p>3</p> <p>9:00 Movement for Balance (CN) 10:00 Cardio Rhythm (CN) 10:00 Arthritis Aqua (Pool) 11:00 Tai Chi for Everyone (CN) 11:00 Timely Topics (CR) 1:00 Hand & Foot Canasta (CR) 2:00 Tech Team: Tour of YouTube (CN) 4:30 First Friday Cocktail Hour - Mark Paulson, Piano (CN)</p>	<p>4</p> <p>8:45 Men's Bocce (CO) 10:00 Euchre Card Game (CR) 10:00 Women's Bocce (CO) 1:00 Organized Bridge * (CR) 1:00 The Pacific Miniseries: Episode 4 (CN)</p>
<p>5</p> <p>8:40 Shuttle to St. Andrew Church (LB) 1:00 Hand & Foot Canasta (CR) 1:30 Tech Help (CF) 2:00 Mexican Train Dominoes (CR)</p>	<p>6</p> <p>7:00 Glenwood Springs Getaway * \$ (LB) 9:00 Brain & Balance (CN) 10:00 Gentle Yoga (CN) 10:00 Aqua Aerobics (Pool) 11:00 Cardio (CN) 1:00 Canasta (CR) 1:00 Balance & Strength 101 (CN) 2:30 Play Readers: Broadway Bound (CN)</p>	<p>7</p> <p>9:00 Stretch & Strength (CN) 9:00 Meditation (CR) 10:00 Total Fitness (CN) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 Remember When: Snapshots and Stories (CN) 3:00 Brain Vitality (GR) 7:00 Poker (CR)</p>	<p>8</p> <p>8:00 Men's Talk (GR) 9:00 Balance (CN) 10:00 Stretch & Senior Interval Training (CN) 11:00 Fitness 101 (CN) 1:00 Canasta (CR) 1:30 Trader Joe's (LB) 2:00 Wellness Talk (CN) 7:00 Hand & Foot Canasta (CR)</p>	<p>9</p> <p>8:00 Mat Pilates (CN) 9:00 Total Fitness (CN) 10:00 Bridge Lessons (CR) 10:00 Restorative Yoga(CN) 10:15 Water Walking (Pool) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 Active Minds: Iran (CN) 2:00 Open Art Studio (AS)</p>	<p>10</p> <p>9:00 Movement for Balance (CN) 10:00 No Cardio Rhythm (CN) 10:00 Arthritis Aqua (Pool) 11:00 Tai Chi for Everyone (CN) 11:00 Timely Topics (CR) 1:00 Hand & Foot Canasta (CR) 2:00 Beach Ball Volleyball (CN)</p>	<p>11</p> <p>8:45 Men's Bocce (CO) 10:00 Euchre Card Game (CR) 10:00 Women's Bocce (CO) 1:00 Organized Bridge * (CR) 1:00 The Pacific Miniseries: Episode 5 (CN) 3:00 Symphony of the Rockies: Mozart Requiem * \$ (LB)</p>

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12 8:40 Shuttle to St. Andrew Church (LB) 1:00 Hand & Foot Canasta (CR) 2:00 Mexican Train Dominoes (CR) 4:00 Vi Sunday Movie: Sentimental Value (CN)</p>	<p>13 9:00 Brain & Balance (CN) 10:00 Gentle Yoga (CN) 10:00 Aqua Aerobics (Pool) 11:00 Cardio (CN) 1:00 Canasta (CR) 1:00 Balance & Strength 101 (CN) 2:30 Play Readers: Broadway Bound (CN) 3:00 Coffee & Conversation (LR)</p>	<p>14 9:00 Stretch & Strength (CN) 9:00 Meditation (CR) 10:00 Total Fitness (CN) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 Art Appreciation with Wendy Adler: Watercolor Artists (CN) 3:00 Brain Vitality (GR) 7:00 Poker (CR)</p>	<p>15 9:00 Balance (CN) 10:00 Stretch & Senior Interval Training (CN) 10:15 Vi Trailblazers: Lair O' the Bear * (LB) 11:00 Fitness 101 (CN) 11:00 Travel with Chris Wells: Route 66 (CR) 1:00 Canasta (CR) 1:00 Great Decisions * ** (CN) 3:00 Write On (CR) 7:00 Hand & Foot Canasta (CR)</p>	<p>16 8:00 Mat Pilates (CN) 9:00 Total Fitness (CN) 10:00 Bridge Lessons (CR) 10:00 Restorative Yoga(CN) 10:15 Water Walking (Pool) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 Art Class: Playing with Paint (AS)</p>	<p>17 9:00 Movement for Balance (CN) 10:00 Cardio Rhythm (CN) 10:00 Arthritis Aqua (Pool) 11:00 Tai Chi for Everyone (CN) 11:00 Timely Topics (CR) 1:00 Hand & Foot Canasta (CR) 2:00 Bingo (CN) 7:00 Steel Magnolias * \$ (LB)</p>	<p>18 8:45 Men's Bocce (CO) 10:00 Euchre Card Game (CR) 10:00 Women's Bocce (CO) 1:00 Organized Bridge * (CR) 1:00 Unforgettable British Drama on Film: The Little Big Things (CN)</p>
<p>19 8:40 Shuttle to St. Andrew Church (LB) 11:45 Rockies v. Dodgers Baseball Game * \$ (LB) 1:00 Hand & Foot Canasta (CR) 1:30 Tech Help (CF) 2:00 Mexican Train Dominoes (CR)</p>	<p>20 9:00 Brain & Balance (CN) 10:00 Gentle Yoga (CN) 10:00 Aqua Aerobics (Pool) 11:00 Cardio (CN) 11:00 Out to Lunch: Cherry Cricket Littleton * (LB) 1:00 Canasta (CR) 1:00 Balance & Strength 101 (CN) 2:00 Vi Matinee Movie: Calendar Girls (CN)</p>	<p>21 9:00 Stretch & Strength (CN) 9:00 Meditation (CR) 10:00 Total Fitness (CN) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 Passport Tasting Menu (MRD) 3:00 Brain Vitality (GR) 3:30 Nuts and Bolts (CN) 7:00 Poker (CR) 7:00 Bunco (GR)</p>	<p>22 9:00 Balance (CN) 10:00 Stretch & Senior Interval Training (CN) 11:00 Fitness 101 (CN) 1:00 Canasta (CR) 2:00 Town Hall (CN) 7:00 Hand & Foot Canasta (CR) 7:00 An Evening of Square Dance (CN)</p>	<p>23 8:00 Mat Pilates (CN) 9:00 Total Fitness (CN) 10:00 Bridge Lessons (CR) 10:00 Restorative Yoga(CN) 10:15 Water Walking (Pool) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 2:00 F&B Open Forum (CN) 2:00 Open Art Studio (AS) 6:45 Lamont Opera Theatre: Die Fledermaus * \$ (LB)</p>	<p>24 9:00 Movement for Balance (CN) 10:00 Cardio Rhythm (CN) 10:00 Arthritis Aqua (Pool) 11:00 Tai Chi for Everyone (CN) 11:00 Timely Topics (CR) 1:00 Hand & Foot Canasta (CR) 2:00 Beach Ball Volleyball (CN)</p>	<p>25 8:45 Men's Bocce (CO) 10:00 Euchre Card Game (CR) 10:00 Women's Bocce (CO) 11:30 Drug Take Back Day with DC Sheriff (LR) 1:00 Organized Bridge * (CR) 1:00 The Pacific Miniseries: Episode 6 (CN)</p>
<p>26 8:40 Shuttle to St. Andrew Church (LB) 11:45 CSO: Gershwin Rhapsody in Blue * \$ (LB) 1:00 Hand & Foot Canasta (CR) 2:00 Mexican Train Dominoes (CR)</p>	<p>27 9:00 Brain & Balance (CN) 10:00 Gentle Yoga (CN) 10:00 Aqua Aerobics (Pool) 10:00 Loveland Foundry Tour and Lunch with Roz Cook * (LB) 11:00 Cardio (CN) 1:00 Canasta (CR) 1:00 Balance & Strength 101 (CN) 3:00 Coffee & Conversation Spring Edition (GR)</p>	<p>28 9:00 Stretch & Strength (CN) 9:00 Meditation (CR) 10:00 Total Fitness (CN) 11:00 Fitness 101 (CN) 1:00 Mah-Jongg (CR) 1:00 Acrylic Adventure with Roz Cook: Ocean Scene * \$ (AS) 3:00 Brain Vitality (GR) 7:00 Poker (CR)</p>	<p>29 9:00 Balance (CN) 10:00 Stretch & Senior Interval Training (CN) 10:15 Vi Trailblazers: Meyer Ranch Park * (LB) 11:00 Fitness 101 (CN) 1:00 Canasta (CR) 2:00 ZIKR Dance Ensemble (CN) 7:00 Hand & Foot Canasta (CR)</p>	<p>30 8:00 Mat Pilates (CN) 9:00 Total Fitness (CN) 10:00 Bridge Lessons (CR) 10:00 Restorative Yoga(CN) 10:15 Water Walking (Pool) 11:00 Fitness 101 (CN) 12:30 17 Mile House Farm Park * (LB) 1:00 Mah-Jongg (CR) 2:00 Open Art Studio (AS) 2:00 Spring Fling Games (CO)</p>		